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# Addressing Racial Disparities in the Juvenile Justice System: Understanding Root Causes, Implications, and Promising Solutions

Hafiz Muhammad Haseeb Ullah<sup>1</sup>

Dr. Faiz Bakhsh<sup>2</sup>

#### ABSTRACT

This article explores the racial disparities within the youth rehabilitative system, which are rooted within the system itself, and they are pervasive and lead to a number of implications with the potential solutions identified. The article will arrive at its conclusion by means of qualitative research and doctrinal analysis that will reveal the complex network of social, economic, and institutional causes of the inequity. Social, legislative, and economic settings are the lens through which historical context, legislative interventions, and socioeconomic factors affecting biases emanating from institutional settings are examined. It is through the demeaning school-to-prison pipeline and zero-tolerance approach that the negative effect of such policies is demonstrated, thus indicating an emphasis on reform. Seemingly feasible answers such as administrative reform and neighborhood initiatives and their impact on the affected populations are also addressed. Through the providers of case studies, the piece acknowledges successes in the steps as well as barriers to implementation, which may be taken as recommendations for the achievement of equity and justice for all youths.



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Corresponding Author's Email: faizmalik@bzu.edu.pk



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<sup>&</sup>lt;sup>1</sup> PhD Scholar, University Gillani Law College, Bahauddin Zakariya University Multan Email: asporac2013@gmail.com

<sup>&</sup>lt;sup>2</sup> Assistant Professor, University Gillani Law College, Bahauddin Zakariya University Multan Email: faizmalik@bzu.edu.pk

#### 1. Introduction

Racial discrimination exists in the juvenile justice system, and as a result, the problem survives: the direct combination of systemic unfairness and young people's lives. This paragraph provides an overview of the state of the literature about the unevenness of racial justice in the juvenile justice system and lays down the groundwork for the subsequent analysis. It relies on these important questions and hence paves the way for in-depth analysis of the underlying factors, consequences, and possible solutions to deal with these inequities.

The fact that racial disparities in the juvenile legal justice system have been agreed upon and concerns of the disproportionate representation of minority members at all the critical points in the system are documentary proven by so many empirical studies cannot be ignored. One concept that Piquero (2008) addresses in his discussions is Disproportionate Minority Contact (DMC), which is a notion that is more characterized by minorities, particularly black and Hispanic minors, being incarcerated in the juvenile system, than their white counterparts. In fact, the disproportion is obvious in arrest rates that above people of color, court processing, and outcome of sentencing, which resumes stereotypes, which are a contributing factor in disadvantaged minority youth.

Zane (2021) is empirically examining whether racial and ethnic disparities in the juvenile custody system are degrading over time despite the efforts to address the issue. This reveals the huge challenges. Ramos and Smith (2015) bring up the issues and possible solutions of racial disparities in the juvenile justice system. This must be done by taking an integrated approach in order to see that the underlying social problems are dealt with. Thus, these gaps transcend the individual youth life and have significant repercussions on the communities and society. Over-representation of minorities in the pre-collegiate system has become an entrenched practice that for generations has served to keep poor, crime-ridden, and incarcerated communities trapped below the surface, extending social inequality and social injustice. These differences, in turn, weaken the public credibility of the criminal justice system on its fairness and legitimacy, which only fuel the tension between law enforcement and marginalized communities.

Inequality in the juvenile justice system applies to various segments, the first being during the first interaction with law enforcement through trial and sentence. Black and Hispanic youth appear to be more likely to be arrested, detained, and punished, and sentences tend to be harsher against them, while similar cases against white individuals would have lighter verdicts (Piquero, 2008). Disparities continue to exist even with controlling for individual offense seriousness and previous criminal record, which shows the negative attitude towards minorities that keeps them in disadvantaged positions. The outcomes of racial injustices in the related field are deep and wide in terms of facets. Affecting both people and young people of minority are more likely to have a higher chance of facing negative consequences like stigmatization, traumatization and all-encompassing, they can become trapped in the criminal justice system (Ramos & Smith, 2015). Ultimately, unfair treatment, together with unbalanced sentences, increases alienation as well as distrust towards authority figures and institutions among minorities, and it contributes to further social tensions and damages public order (Zane, 2021).

Not only do race differences in the juvenile justice system affect individuals immediately but they also have a cumulative, indirect impact on minority neighborhoods by facilitating poverty, crime, and incarceration of generations. The overrepresentation of members of juvenile equity groups in the juvenile justice system breaks up families, reduces educational goals, and restricts economic opportunities, maintaining social inequality and exclusionary society (Brown & Novak, 2019). Besides, the collateral consequences of juvenile justice experience, for example, limited employment opportunities and restricted access to housing and social support, make cycles of disadvantage and benchmark the individuals.

Worldwide, the problem of overcoming racial disparities in the youth prison system is not limited only to

the social and public welfare; it is also a sociological factor that can generate disparity among the society as well among the economic classes. Neglecting to deal with gaps in educational outcomes ultimately limits the prospects and potential of wealth among youth in the area and the prosperity of the community itself. In addition, profound inequalities undermine the credibility of the public in the juvenile justice system and compromise responsible citizenship and crime reduction efforts (Spinney et al., 2018).

The purpose of this article is twofold: to sensitively look at the tipping points that form the basis for racial gaps in the juvenile court systems and to come up with thoughtful practical solutions to resolve the inequalities. By casting a wide net that includes theoretical frameworks and empirical research, this article tries to provide an understanding of the complicated web that binds social, economic, and institutional factors form, which keeps racial inequalities on each step of the way within the juvenile justice system.

## 2. <u>Historical Context and Legislative Factors</u>

The focus should be on the historical context and legislative factors; hence, we should get into details of the years gone by and the legal framework that has shaped the present. This part of the book examines the historical events, legislative initiatives, and outcomes of interventions designed to correct racial disparity. Among the host of key historical factors shaping the existence of racial discrepancies in the system, there is a direct relation between the legacy of systemic racism and discrimination in the U.S. As laid out by Hinton (2016), we could ascertain that the War on Poverty paved the way for the War on Crime, ending in the mass imprisonment of African Americans and Latinos. This transition adversely impacted minority-dominated neighborhoods and thereafter started an imbalance of race, which is poverty and criminalization.

Besides, according to Loury (2008), he had even introduced how the process of the anatomy of racial inequality was being impacted by how past injustices: for example, slavery, segregation, and discriminatory policies and practices still impact marginalized communities today. These past injustices have resulted in a set of barriers that explain racial minorities' overrepresentation and disproportional treatment within juvenile justice institutions. Racial injustices heightened concerns have been expressed to solve the structural inequities that lead to unequal justice in the juvenile system. Greenberg and West's work (2001) considers legal developments both nationally and at the state level from 1977 to 1995. Their findings show policy changes directed towards juvenile justice. While the legislature adopted some reforms that were meant to soften the effect of racial discrimination including diversion programs, community-based alternatives to incarceration have not been that effective.

Regarding this, the Disproportionate Minority Contact (DMC) mandate remains as one of the major legislative interventions being employed to minimize racial disproportionation within the juvenile justice system. Volrac (2021) has carried out an empirical study to evaluate the consequences of the introduction of DMC control, analyzing whether there has been a reduction of racial and ethnic disparities over time. Although legislative orders are the main program to fight the disparities, the fact that they are still present and to some degree, even worse, shows the necessity of other approaches. Abrams (2016) puts under a lens the role that statutory measures play in bringing closure to the disparate minority contact in the juvenile justice system. A more explicit example that Abrams uses to demonstrate the difficulties of implementing legislative mandates to eradicate racial disparities would be making it known. While legislative actions are necessary stages they are just a part of the solution, every other challenge that needs to be addressed remains appointing the wrong person.

## 3. Socioeconomic Factors and Institutional Biases

The intersection of socioeconomic differences and racial injustice is significant when it comes to the juvenile justice system, where fruits of disparity and discrepancies of validity in treatment and outcome based on race occur. Duley (2005) states how socioeconomic status (SES) determines not only juvenile processing but also how SES divides and seems to retain racial differences. Economic shortcomings, often to be found at the intersection of race, raise the chances of lack of legal representation, good education, and mental health care services which can increase involvement in the justice system (Van Eijk, 2017). However, racial disparities have also played a major role as marginalized communities are mostly on the receiving end of excessive surveillance, high policing activities, and greater penalties in society (Dannefer & Schutt, 1982).

The institutional biases within the juvenile justice system also incur racial disparities, which, like unequal opportunity, are brazenly perpetuated by the entire legal and law enforcement structures. The Media and Public Stereotypes as Racialized Narratives writers Chiricos, Padgett, and Gertz (2000) talk about the way the media and public perceptions have influenced the way narratives of crime usually appear racialized. They also say that is the same way this has influenced the decision-making process within the justice system. Stereotypes about culpability and the dangerousness manifested by youth of color deny them a fair trial and pitch them to harsher punishments and disparate outcomes in the early stages of the juvenile process (Bishop et al., 2010).

Case studies link racism and class in the present real picture regarding the juvenile justice system. Likewise, that is what the study done by Kirk, which is about neighborhood contexts and their influence on arrest rates, also boils down to. It is the conditions of life that give rise to high or low arrest rates in marginalized communities where those responsible for dealing with the crime are concentrated, and poverty becomes the curse of the whole area and the communities around. Additionally, as has been noted by Harris (2010) comes into the discussion with consideration of "oppositional culture theory" that stresses the role of educational and employment inequalities as factors in the creation of the cycle of poverty and criminalization among Black young people.

## 4. School-to-Prison Pipeline and Zero-Tolerance Policies

The school-to-prison pipeline exemplifies a tendency when, mostly from marginalized communities, students are being eliminated from educational institutions and confronted by the justice system. Skiba and others (2002) report on incidents when youths of color in schools, especially African-American and Latino children, get caught in the criminal justice system because of the school's disciplinary methods. The use of punitive measures like suspensions, expulsions, and students being arrested in schools as an instance of "the criminalization of minor infractions", and continued in the cycle of disengaging and getting involved in the criminal justice system (Arum, & Beattie, 1999). The education system in a lot of U.S schools implements the zero-tolerance "no second chance" policy, which ultimately punishes even the smallest of infractions the same as a major run-in with law enforcement. These guidelines are aimed at imposing strict penalties, which may include punishment or law enforcement intervention, for various infractions, from time punctuality to petty misbehavior/behavior (American Psychological Association Zero Tolerance Task Force, 2008). Studies found that zero-tolerance policies have the highest disadvantage toward students of color. These students are more likely to get disciplined and referred to law enforcement agencies than their white counterparts for any conduct that is found to be similar (Skiba et al., 2002).

The problems faced by the zero-tolerance policy by marginalized communities are many-faced or have many facets. First, these policies shape the students' trust towards schools, especially the students of bias and minority backgrounds. Students may end up being the center of attention, leading them to isolation and being ranked among troublesome students due to harsh disciplinary actions (Welsh 2011). On the

other hand, the imposition of zero-tolerance rules makes adulthood a crime unit where teenage behavior is taken as a criminal act (Schubert et al., 2011).

Besides, a lot of times, zero-tolerance policies seem to be missing a main component looking at the social or emotional factors of the students and, most of the time, get students who are dealing with trauma or adverse childhood experiences. Instead of making available supportive interventions within these policies, policymakers often prefer punishment-based tactics to preventative and rehabilitative measures (Gatti et al., 2005). As a result, students who could take advantage of extra detainment receive support instead become victims of the criminal system, thus maintaining the cycle of imprisonment and recidivism.

## 5. Promising Solutions and Interventions

The policy reform that is created to tackle racial disparities contributes a lot in the system to systemic inequalities in the juvenile justice system. Initiatives like diversion programs that provided a community-based alternative for the youth instead of the formal court were successful in minimizing recidivism and promoting better outcomes for young people in past studies (Elliott et. al, 2020). Moreover, rehabilitative efforts such as changing the sentencing guidelines and reducing the use of prison for minor offenses are among the measures that aim to make the justice system for juveniles a more equitable and rehabilitative system (Greenwood, 2006).

Community-based approaches and restorative justice are two good submission alternatives for juvenile correction, which give a higher place to healing, and being responsible in comparison with punishment. The justice programs that are based on restorative justice contain dialogs between offenders, victims, and community members, thus they make it possible to repair harm done by bad actions (Leve et al., 2015). These programs bring attention to the part of the society that plays and the whole society's responsibility in resolving the base of the problems and, as well, in helping the victims recover.

Education and awareness programs are positioned as a key element of combating racial injustices by providing tools for individuals to challenge stereotypes, biases, and misconceptions about youth of color within the juvenile justice system. These programs establish cultural competence and sensitivity training among law enforcement personnel, educators, and other stakeholders to reduce the incidences of discriminatory practices and ensure youth get even treatment (Bishop et al., 2005). In addition to that, programs facilitating academic and vocational education that give youth access can be viewed as a protection against them getting involved in juvenile systems, and such programs are diverting them to the right pathways.

#### 6. Implications for Communities of Color

The significance of the outcome of racial discrimination in the juvenile justice system is manifested through multidimensional and widespread ramifications as they transcend individual situations to influence the entire communities that are affected. Examining these implications involves looking at the far-reaching consequences as well as the disadvantages they could cause, the affected communities, and the challenges it is to be fair and just within these settings.

One of the long-term effects of a racially disproportionate police system is that it leads the offenders to experience enduring and lasting consequences in their lives at large. Vast and persistent contact with the system poses an education gap, limitations in professional prospects, as well as difficulty in maintaining stable housing. This discrimination system creates a vicious cycle of unemployment and poor socioeconomic status for the black populations in the community. Consequently, the cycle repeats itself over generations, which promotes inequality in society and the exclusion of certain people from society.

What is more, the associations with participating in the youth justice system can have even worse psychological effects on young people, like a decrease in their self-worth and bringing them to the feeling of being marginalized (Dragomir and Tadros, 2020).

The spheres of mental erosion of the juvenile justice system spread to society as well, and not a single child suffers. citizens of color continuously experience over-policing and stringent sentencing patterns which ultimately leads to their severe mistrust and recognition of police and other authorities (Henning, 2012). In addition to this, the shortage of human capital due to the incarceration or criminalization of the young people in these communities results in the loss of necessary resources as the young talents are being depleted. In turn, with the structural inequities, Communities of color will have to assess the criminality and violence and how, at the same time, deal with social and economic consequences caused by mass incarceration (Kwon, 2013). Additionally, the crisscross between race, economy, and gender further makes efforts to step up the disparities more complex because marginalized teens are subjected to more discrimination and isolation (2008., Loury's). Therefore, the justice and equality of communities of color can only be realized through an intensive strategy of deconstructing the structural impediments, overturning hubristic prejudices, and promoting the accountability and transparency of the juvenile justice system (Dragomir & Tadros, 2020).

#### 7. Case Studies and Examples

Working on case studies and examples that regard overcoming discrimination in the juvenile justice system can bring to our mind that there are a lot of successful methods, but they often address such barriers at the stage of implementation. Taking the time to review those strategies, assessing the difficulties encountered, and taking the lessons learned back will give us knowledge that will help in developing relevant interventions for the same purpose.

Effective solutions that eliminate the gap in racial equality positively respond to the change in the policy and community collaboration, with a touch of restorative justice practices. Diversion programs that concentrate on the rehabilitation of the persons instead of stringent punishments have been observed to reduce recidivism rates and promotion of positive outcomes for the youth of color (Elliott et al., 2020). Focusing on restorative justice techniques which offer for giving a chance for healing and reconciliation as opposed to punishment, has been fruitful in handling the reasons why there are delinquent behaviors underneath and repairing the damage caused to the community members by these delinquent individuals. (Leve et al., 2015) By prioritizing the voices and experiences of the ones most involved in youth justice, these initiatives can do the powers and duties in communities and ensure the effectiveness and efficiency of processes.

Nevertheless, despite high success rates, these projects may have faced constant barriers when they were running. A program funding shortage and the lack of resources are the other common problems that continue to be problems to the fate of the programs (Greenwood, 2006). Holding policy collaborators and other stakeholders to account for adequate commitments to driving forward promising interventions and reaching larger population scales in a significant manner would be imperative. Moreover, deeply rooted institutional prejudices and resistance to reform in juvenile justice are vital hindrances to the introduction of novel, varied methodologies (Bishop, C., Blake, R., & Lowery, J. [2010]). Barriers to be addressed through a comprehensive strategy, including partnerships of institutions, NGOs, and advocacy groups to assist in adopting diverse laws and efficiently allocating resources.

While these challenges are not easy ones to overcome, these past experiences have brought us an abundance of lessons that can be learned to help reduce racial disparities in the juvenile justice system. One important thing is that the vulnerable group needs to be a central point for coming up with the strategy

and implementation of interventions (Baxer et al., 2003). Through prioritizing the community feedback and participation, the programs will likely be more culturally sensitive and effective in the process of dealing with disproportionalities causes Then, partnering the agencies that have different opinions and doctrines provides a platform for enhancing the human or physical resources and expertise through joint efforts to resolve common problems (Tolan & Guerra, 1994). Lastly, a multi-faceted approach that accounts for the social, economic, and environmental determinants contributing to inequality is the sure way of achieving this permanent change (American Psychological Association Zero Tolerance Task Force, 2008).

## 8. Conclusion

In conclusion, if racial disparities in the youth justice system are ever tackled, we must ensure that the quest for justice is always fair and that the outcomes bring happiness and do not harm both the youth and societal rights. An analysis of the apparatus and the social inequity that creates a disparate representation of minority youth in the criminal court/justice system designates that the fundamental factor of this issue is the institutional bias, socioeconomic factors, and punitive policy and measures. On the other side, based on evaluative interventions, practical engagement, and policy reforms, brainstorming on how to design a fairer social system will have its future. It is the task of the policymakers, the stakeholders, and the communities to work together to develop effective football strategies while pleading for systemic changes and putting the welfare of all youth at the forefront, regardless of whether their origin is white, black, Hispanic, or otherwise. However, only a combination of effective strategies in juvenile corrections and adherence to fundamental principles of fairness and equality could eventually lead to the development of a juvenile justice system that is based on the rights and dignity of every young person

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